

## This and that

Straight after the Red Bull X-Fighters in Texas in the end of June I made the trip over to Switzerland and Mat Rebeaud. After a few chilly days at his home it was time for the swatch Free4Style event in Estavayer-le-Lac, pretty much around Mats house. The Free4Style is a really cool event and the whole spirit is laid back and feels „back in the days“, because it is all about just having a good time and a lot of fun. The FMX got backed up with Jetskiing and Wakeboarding at the beautiful lake and of course some party- and music-action in the nights.

The FMX setup was basic but good and so Mat himself, Lance Coury, Drake McElroy, „Frog“ Berggren, Thamer Engeli, Flap and myself put on some really good shows in front of an enthusiastic crowd. You can check out a video here: <http://www.youtube.com/watch?v=N9G75cSHrql>

Afterwards I finally had some time to practice at home. Dennis Garhammer, one of our UPFORCE youngsters, came and visited us in Berlin and pulled his first foampit-flips successfully... In the evening before I left for the Red Bull X-Fighters in Madrid I went for an relaxed wakeskate session. Unfortunately that lasted about 2 minutes and ended with a sprained knee since I landed unlucky in the wake instead of jumping over it. Strange, I did like 30 flips eralier that day on my bike and everything is fine and when I try to relax an do something „safe“ I twist my knee... anyway I had to ride in Madrid! The reason was not an invitation to the contest but a fashion shooting for the magazine „Intersection“. Ronne renner and myself got dressed up in all kinds of ... ahem, let's say „interesting looking“... dresses and also jump like that. My knee was good enough to straightjump the ramps and the shooting was kind of fun. I also had to do TV work again in Madrid and besides doing the interviews at the contest I did another behind the scenes webclip and the Madrid edition of the „motoX Duell“ gameshow, this time between André Villa and Twitch. André kicked out Ronnie in Texas as you can see in this very funny clip: [http://motomag.de/cgi-bin/adframe/video/article.html?ADFRAME\\_MCMS\\_ID=2067](http://motomag.de/cgi-bin/adframe/video/article.html?ADFRAME_MCMS_ID=2067)

The Madrid edition will be out soon... the riding in Madrid was insane and the best I have ever seen. Cam Sinclair had a nasty crash on a doublebackflip and everyone was in shock. But luckily Cam is a strong guy and things are looking better now. All the best goes out to Cam and we hope you have a quick recovery!

Ryan Leyba was kind enough to run a story about me playing in the band DAN DRYERS on espn Actionsports. So check it out at: <http://espn.go.com/action/fmx/blog?post=4330369>

This week I will be busy filming with my SPOTelicious project for VANS at a girls Skateboard camp here in Berlin, which is the best thing to do to not get bored with that knee... But for sure I will be back on the bike next week for Martin Korens „Horsefeathers FMX Jam“, this time in a brandnew location in Prague / Czech Republic.

That's it, that's all... at least for now!

Cheers,

